



Relates well to others	1	2	3	4	NA
Comment: _____					
_____					
_____					
Leadership abilities	1	2	3	4	NA
Comment: _____					
_____					
_____					
Teachable, able to absorb new information	1	2	3	4	NA
Comment: _____					
_____					
_____					
General outlook and approach on life	1	2	3	4	NA
Comment: _____					
_____					
_____					
Flexible, adaptable	1	2	3	4	NA
Comment: _____					
_____					
_____					
Heart and ability to Volunteer	1	2	3	4	NA
Comment: _____					
_____					
_____					
Able to work well with others.	1	2	3	4	NA
Comment: _____					
_____					
_____					
Completes assigned tasks, responsible	1	2	3	4	NA
Comment: _____					
_____					
_____					

3. Please mark in **bold or circle** all of the following words which best describe the applicant

Exciting	Assertive	Insecure	Sophisticated
Earnest	Sympathetic	Opinionated	Gentle
Self-assured	Steady	Polished	Somber
Wholesome	Arrogant	Unassuming	Pushy
Withdrawn	Selfless	Conventional	Generous
Impatient	Charitable	Compliant	Courteous
Careful	Content	Understanding	Arrogant
Depressed	Responsive	Serious	Transparent
Talkative	Tolerant	Domineering	Flexible
Trusting	Enthusiastic	Shy	Self-centered
Well-liked	Controlling	Cheerful	Rude
Patient	Timid	Respectful	Careless

4. Please circle the following sentence:

- A. I would recommend this individual for a QHOP internship program
- B. I would recommend with reservation this individual for a QHOP internship program.
- C. I would not recommend this individual for a QHOP internship program.

5. Is there anything important you feel like we should be aware of concerning this applicant - behaviour/spiritual life/health relating issues.

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7. Please recommend another reference whom we could contact.

Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

City: \_\_\_\_\_

Country: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Relationship to applicant: \_\_\_\_\_

**Please return the completed reference to: [info@qhop.ca](mailto:info@qhop.ca)**